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BOOK OF ABSTRACTS



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NECESSITY AND OUTCOME OF “PRE UNIVERSITY LEADERSHIP PROGRAMME” - OPINION OF MEDICAL STUDENTS OF EASTERN UNIVERSITY, SRI LANKA

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Background: The pre-university admission leadership programme, “Training programme on development of leadership qualities and positive thinking” was first introduced in May 2011 and was conducted to the next three consecutive batches as a mandatory programme. Students had to undergo a three weeks residential leadership and positive thinking development at a training camp under the Defence Ministry with the aim to develop leadership skills and change the undergraduates’ attitudes.

Objectives: To analyze the feedback of medical students of Eastern University, regarding the necessity and outcome of Training Programme, leadership characteristics, perception of students who had undergone, impact of different centers in the development of leadership characters and attitudes.

Methods: Conducted a Cross Sectional Descriptive Study, at Faculty of Health-Care Sciences Eastern University. Study Population was 6th, 7th, 8th, 9th batch medical students. Study Period was February 2016 to January 2018.

Results: Out of 158 students, 56 were male, 102 were female representing 35.4 % and 64.6 % respectively. Outcomes in the particular characteristic are not impacted by the center. Those who feel safe are 15.434 times more likely to select need for re-establishment, who feel satisfaction are 11.763 times more likely to select need for re-establishment. Around 62% are interested in re-establishing while 38% are not. Nearly 51% , 38%, 10.% and 1% had excellent, very good, good and fair outcomes respectively.

Conclusions: Most of the students (62%) want to re-establish the programme. Safety and satisfaction influence while usefulness of the programme does not influence on re-establishment.

Keywords: Leadership programme, Eastern University, medical students